

Jovial
Pasta
Select Varieties






\$3.49 12 oz.
Save \$1.00

Rao's
Pasta Sauce
Select Varieties



\$6.99 24 oz.
Save \$3.70

New York Flyer



November 1 - November 30, 2022.

Wild Planet
Tuna
Select Varieties





\$3.99 5 oz.
Save \$1.70

Nixie
Sparkling Water
Select Varieties





\$4.99 8/12 fl oz.
Save \$1.50

Alkaline88
Alkaline Water
Select Varieties



\$3.99 1 gal
Save \$1.30

Fever Tree
Tonic Water
Select Varieties



\$4.49 4/6.8 fl oz.
Save \$1.50

Field Day
Broth
Select Varieties




\$2.79 32 fl oz.
Save \$0.70

Aleias
Stuffing Mix
Select Varieties




\$4.99 10 oz.
Save \$1.90

Bob's Red Mill
Rolled Oats
Select Varieties





\$7.99 24 oz.
Save \$2.30

Wasa
Crispbread
Select Varieties





\$3.99 6.1 oz.
Save \$1.00

Siete
Potato Chips
Select Varieties




\$3.29 5.5 oz.
Save \$1.20

Lakewood
Juice
Select Varieties




\$10.99 32 fl oz.
Save \$3.40

Woodstock
Cranberry Sauce
Select Varieties




\$3.49 14 oz.
Save \$1.50

Farmer's Market
Canned Pumpkin
Select Varieties




2/\$6 15 oz.
Save \$1.58

ORDER YOUR THANKSGIVING FEAST TODAY



SCAN THE QR CODE

TURKEYS • SIDES • PIES

Comvita
Manuka Honey
Select Varieties





\$11.99 8.8 oz.
Save \$4.00

Neutral
Milk
Select Varieties




\$4.99 64 fl oz.
Save \$1.80

Califia Farms
Oat Milk Barista
Select Varieties




\$3.99 32 fl oz.
Save \$2.00

R.W. Knudsen
Sparkling Apple Cider
Select Varieties




\$3.99 750 ml
Save \$1.00

Field Day
All Purpose Flour
Select Varieties




\$8.49 5 lb.
Save \$2.50

Nitro
Cold Brew Coffee
Select Varieties




\$2.79 12 fl oz.
Save \$1.20

Prices effective November 1 - November 30, 2022. All advertised items may not be available in all store locations or when prohibited by law. Items and prices are subject to change. We are not responsible for any typographical or errors in product description. Sales tax applied according to applicable law. Illustrations are for the purpose of design only and may not clearly depict products on sale. In the event of a discrepancy between the online circular and the printed circular, the online circular governs. We reserve the right to limit quantity. While supplies last. Sale prices require Loyalty Rewards Membership

Brown Cow
Yogurt
Select Varieties



NON GMO **U**

\$4.29 32 oz.
Save \$1.40


Bitchin' Sauce
Dip & Spread
Select Varieties



NON GMO **U**

\$5.49 8 oz.
Save \$1.50


Miyoko's
Butter
Select Varieties



USDA ORGANIC **U**

\$5.49 8 oz.
Save \$1.30

Wildwood
Sprouted Tofu



USDA ORGANIC

\$3.29 16 oz.
Save \$2.70

Nutpots
Dairy-Free Creamers
Select Varieties



NON GMO **GF**

\$2.99 11.2 fl oz.
Save \$0.90

Enjoy Life
Chocolate Chips
Select Varieties



NON GMO **GF**

\$5.99 10 oz.
Save \$1.90


Once Again
Nut Butter
Select Varieties



USDA ORGANIC **NON GMO**

\$6.49 16 oz.
Save \$2.80

Ozery
Pita Bread
Select Varieties



NON GMO **U**

\$3.49 12.7 oz.
Save \$1.20

McConnell's
Ice Cream
Select Varieties



\$7.49 16 oz.
Save \$2.50

Wholly Veggie
Frozen Appetizers
Select Varieties



USDA ORGANIC **NON GMO** **GF**

\$5.69 13.2 oz.
Save \$2.10

Field Roast
Celebration Roast
Select Varieties



NON GMO

\$7.29 1 lb.
Save \$2.00

Tofurky
Giblet Gravy
Select Varieties



NON GMO

\$5.99 14 oz.
Save \$2.00

Kicking Horse
Coffee
Select Varieties



USDA ORGANIC

\$10.49 10 oz.
Save \$2.00

Partake Foods
Cookies
Select Varieties



GF **NON GMO**

\$4.49 5.5 oz.
Save \$1.30

Simple Mills
Crackers
Select Varieties



GF **NON GMO**

\$4.49 4.25 oz.
Save \$1.00

Undercover
Chocolate Quinoa Crisps
Select Varieties



GF **NON GMO**

\$2.29 2 oz.
Save \$1.00

Woodstock
Frozen Veggies
Select Varieties



USDA ORGANIC

\$2.69 10 oz.
Save \$1.10


Beyond Meat
Plant-Based Ground Beef



NON GMO

\$8.49 1 lb.
Save \$3.00

Jennies
Macarons
Select Varieties



USDA ORGANIC

\$3.49 5.25 oz.
Save \$1.50

Blanchard & Blanchard
Chestnuts



USDA ORGANIC **U**

\$3.49 5.2 oz.
Save \$1.20


Angie's
Popcorn
Select Varieties



NON GMO **GF** **U**

\$3.29 4.8 oz.
Save \$1.00


Back To Nature
Cookies
Select Varieties



NON GMO

\$4.69 12 oz.
Save \$1.00

Zevia
Zero Calorie Soda
Select Varieties



NON GMO

\$5.99 6 pack
Save \$1.15

Yogi
Herbal Tea
Select Varieties



USDA ORGANIC **NON GMO**

\$3.79 16 bags
Save \$1.20

Food For Life
Frozen Bread
Select Varieties



USDA ORGANIC **U**

\$5.99 24 oz.
Save \$2.00

Upton's Naturals
Seitan
Select Varieties



NON GMO **U**

\$4.29 8 oz.
Save \$1.20

Hope
Hummus
Select Varieties



USDA ORGANIC **U** **NON GMO** **GF**

\$3.69 8 oz.
Save \$1.80

Kor Shots
Wellness Shots
Select Varieties



USDA ORGANIC

\$2.49 1.7 oz.
Save \$1.00

Field Day
Jumbo Raisins
Select Varieties



USDA ORGANIC

\$5.49 15 oz.
Save \$1.80

Late July
Tortilla Chips
Select Varieties



USDA ORGANIC **NON GMO**

\$3.49 10.1 oz.
Save \$1.00

Primal Kitchen
Turkey Gravy
Select Varieties



USDA ORGANIC

\$7.69 12 oz.
Save \$2.90

Rudi's Organic Bakery
Bread
Select Varieties



USDA ORGANIC **U**

\$4.99 22 oz.
Save \$2.00

Cocojune
Coconut Yogurt
Select Varieties



USDA ORGANIC **GF**

\$2.29 4 oz.
Save \$0.70

Violife
Vegan Cream Cheese
Select Varieties



NON GMO

\$5.29 7.05 oz.
Save \$1.00

Simply Organic
Ceylon Cinnamon
Select Varieties



USDA ORGANIC

\$7.49 2.08 oz.
Save \$2.10

Good Karma
Flax Milk Nog
Select Varieties



NON GMO

\$3.49 32 fl oz.
Save \$0.80

Woodstock
Sugar
Select Varieties



U **USDA ORGANIC** **NON GMO**

\$3.49 16 oz.
Save \$1.80

Native Forest
Coconut Milk
Select Varieties



USDA ORGANIC

\$2.69 13.5 fl oz.
Save \$0.60

Seeds Of Change
Ready to Eat Rice & Grains
Select Varieties



USDA ORGANIC

\$2.99 8.5 oz.
Save \$1.00

Bellucci
Extra Virgin Olive Oil
Select Varieties



NON GMO

\$12.99 16.9 fl oz.
Save \$3.30